

# INSTANTIZED WHEY- HIGH BAI

CA:P IN  
**2:1**  
RATIO

CONTAINS

**BCAA &**  
L-GLUTAMIC ACID



ENRICHED  
WITH  
MCT

SUITABLE FOR DIABETICS

**Strawberry  
Punch**



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**WHEY- HIGH BAI**

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**VANILLA FLAVOUR**

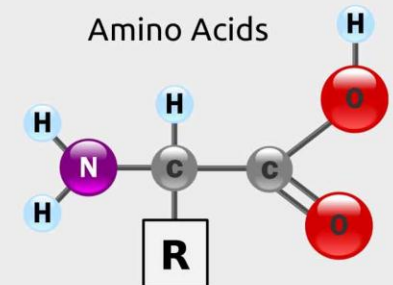
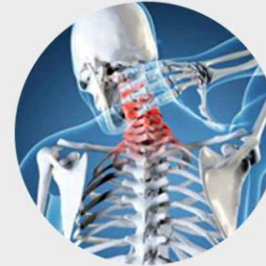


## Why supplement your diet with whey protein powder?

As you age, your body gradually loses its ability to produce critical amino acids – the essential proteins you need for energy production, immune functions, and protein build up in the muscle.

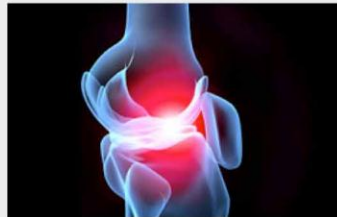
Therefore, the need to supplement with whey protein powder increases as you get older and increases even more in times of high physical stress like post workout or when recovering from an injury or illness.

Whey protein concentrate powder contains all the essential amino acids thus it is a complete protein.



## High quality whey protein concentrate Powder have dramatic health benefits Which include:

- 1) Support immune health
- 2) Supports energy levels
- 3) Supports joint and muscle health
- 4) Supports beneficial gut bacteria
- 5) Promotes muscle strength, endurance and recovery
- 6) Protects all tissue cells through its antioxidant properties
- 7) Provides critical amino acids and proteins for over all optimal health
- 8) Supports body's optimal metabolic rate and fat burning level.



## What are the essentials to look for in a whey protein powder?

1) All natural, pasture fed cows whey, not pesticide treated, grain-fed cow's whey  
Pasture fed cows whey is nutritionally superior to grain-fed cow's whey as it contains an impressive amino acids and immune supportive nutrient profile and also rich in healthy fats like lipoic acid and conjugated linoleic acid (CLA)



2) **GMO-free whey:**

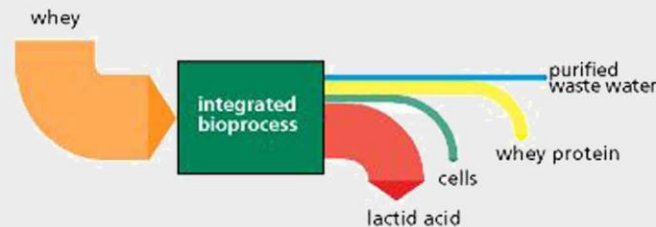


### 3) Cold processed not heat processed.

Cold processed whey protects the nutrients in their natural state. Most whey protein powders available in the market are heat processed which makes the whey acidic and nutritionally deficient, damages the immuno supportive micro nutrients and amino acids which makes whey inadequate for consumption.



**4) Acid free processing, not acid/ion exchange processing.** Acid/ion exchange processing is cheaper than acid free processing, but it denatures the amino acid profiles by using acids and chemicals to separate whey from the fats.



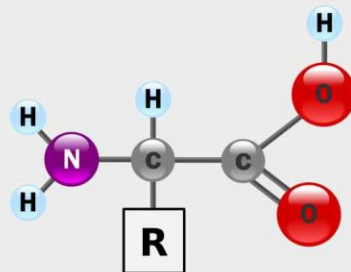
**5) Whey protein concentrate, not isolate:** Isolates are proteins stripped away from their nutritional cofactors, Problems with isolate: a) exposed to acid processing b) body cannot assimilate protein in isolated form c) deficient in key amino acids and nutritional co-factors.



**6) Sweetened naturally, not artificially, and low carbohydrates.** Whey should be low glycemic, low carbohydrates and should not contain any artificial sweeteners, sugar alcohol, glycerin, fructose, sugar or gluten.



**7) Maximum biological value, not compromised or damaged.** You want whey protein powder that's guaranteed to retain its maximum biological value—one with all the key amino acids, co-factors and beneficial micro nutrients present and intake rather than compromised or damage and not missing any amino acids or essential nutrients.

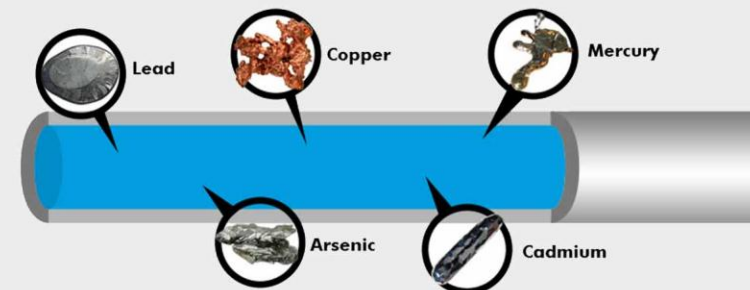




**8) Easy to digest not causing digestive stress:** many whey protein powders in the market contains long chain fatty acids which are hard to digest and require bile acids to absorb. Whey protein containing MCT from coconut oil are easily absorbed, digested quickly and utilized as energy.



**9) Free from toxic heavy metals are at such low levels not to be a health risk.** Many protein powders in the market both whey and non whey could contain dangerous levels of heavy metals like mercury, lead, cadmium and arsenic. You want to avoid these products at all costs because any high concentration of heavy metals taken over time could lead to serious health consequences.



## 10)Contains:

**The highest concentration of leucine, which increases energy levels and support building muscle mass.**

Contains water soluble fiber which supports healthy blood sugar levels and prebiotic properties.

**25% or more glycomacropeptides for immune supports, high energy, muscle building and recovery after exercise.**

Rich in glutamic acid and branch chain amino acids (BCAA), which aid muscle building and recovery.

**Contains all whey microfractures, immunoglobulins and lactoferrins: promoting healthy immune function and healthy gut flora balance.**

## Health Benefits of super whey:

- Whey protein concentrate obtained from all-natural pasture-fed cows, providing more of nature's nutrients.
- Is certified free of GMO ingredients, pesticides and chemicals, protecting you from the damaging effects of chemicals.
- Is cold processed, and never processed with acid chemicals, thereby retaining all its natural goodness.



## Health Benefits of super whey:

- Provides all key amino acids, so you get all the protein building blocks your body needs.
- Retains maximum biological value with beneficial micronutrients intact
- Contains the highest concentration of leucine of any dairy product, said to increase energy levels and support building of muscle mass



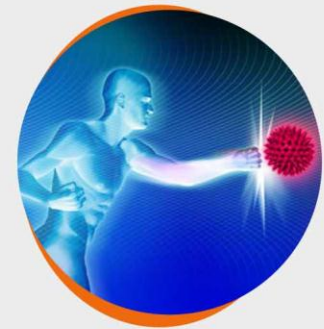
## Health Benefits of super whey:

- Contains 25% or more glycomacropeptides for immune support, high energy, muscle building and recovery after exercise
- Contains MCT's from all natural coconut oil for easy digestion and fast energy.
- Rich in glutamic acid and branch chain amino acids which aid muscle-building, endurance and recovery.



## Health Benefits of super whey:

- Contains all whey micro-structures, immunoglobulins and lacto-ferrins, promoting your healthy immune function and healthy flora balance.
- **No sugar**, sugar alcohol or artificial sweeteners added that detract from the positive benefits of whey protein
- Includes the same immuno compounds that are found naturally in human breast milk – responsible for providing newborns with their immune defense.



## Health Benefits of super whey:

- Promotes satiety, so compulsive craving for refined carbs and sweets is curbed
- Comes in your favorite delicious vanilla flavor.
- Helps to preserve lean body mass especially during exercise as it delivers bio available amino acids and cysteine.



## Health Benefits of super whey:

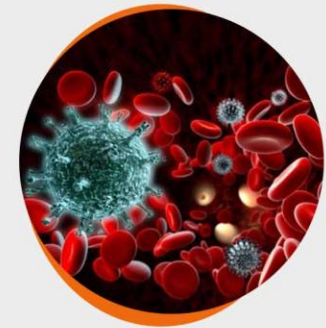
- Boost your energy and supports your body's optimal metabolic rate.
- Helps your insulin work more effectively there by supporting blood sugar levels already within the normal range.
- Helps maintain in your blood pressure levels already with in the normal range.





## Health Benefits of super whey:

- Supports your immune system (as it contains immunoglobins)
- Promotes optimal intake of proteins, fats, carbohydrates, vitamins, and minerals needed for your optimal wellness.



Ingredients	Claim per Serving (30 g)	Claim per 100 g product
Total Calories	131 Kcal	437 Kcal
Calories from Fat	30.78 Kcal	102.6 Kcal
Protein Content	19.2g	64.0g
BCAA* ( Leucine, Isoleucine & Valine)	5.37	17.9g
L-Glutamic acid*	4.02	13.4g
Total Fat content	3.42g	11.4g
Saturated Fat	1.2g	4g
MCT ( Medium Chain Triglycerides)	1.5g	5g
Transfat	0g	0g
Cholesterol	48mg	160mg

Ingredients	Claim per Serving (30 g)	Claim per 100 g product
Total Carbohydrates	5.88g	19.6g
of which sugars	0g	0g
Soluble fiber	0.9g	3g
Vitamin - A	60IU	200IU
Vitamin - C	0.48mg	1.6mg
Vitamin - D3	48IU	16IU
Calcium	180mg	600mg
Phosphorous	90mg	300mg
Potassium	108mg	360mg
Sodium	33.6mg	112mg
Magnesium	16.8mg	56mg
Iron	0.72mg	2.4mg



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THANK YOU

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