

Details :

- Our company products are as per the norms of international Who and USA Fda regulations.
- No heavy metal narcotics or steroid is mixed in preparation in our any medicine.
- The main point we would like to say reader we don't make any product considering patient taste and easy consumption we considers the effectiveness of medicine on disease.

Usages : Asthma, Allergic Asthma, COPD, ILD, Cough & Cold, Coryza (Cough or without cough), Sinus, Skin problems, Skin Psoriasis, Cardiac Asthma, Child Asthma, Pneumonia in child and adults, Sarcoidosis, Tuberculosis, Nazla, Nasal infection.

Asthma : Asthma is a very common disease of the airways ,bronchitis,lungs reversible airflow etc. The symptoms of Asthmatic patient is wheezing, shortness of breath, coughing, chest tightness.

Dr. Thanki's Asthma Powder : Bypass surgery of heart can be avoided by using the Combination of Dr. Thanki's asthma powder and Dr. Thanki's D.V.T. Protector Add on Vitalizer. This abovementioned combination can remove the blockage of the heart.

Key ingredients :

- Adhatoda vesica
- Ephera vulgaris
- Curcuma longa
- Ocimum sanctum
- Zingiber officinalis
- Glycerrhiza glabra
- Carum copticum
- Hyssopus officinalis
- Tinospora cordifolia
- Clerodendrum serratum
- Solanum xanthocarpum

From the Desk of Chairman :

- **Child Asthma :** Some children who are suffering with asthma in very small age and they have to depend on tablets, steroid or inhaler please provide our medicine for 80 days to them and after 7 days of starting Dr.Thanki's Asthma powder with honey you can stop tablets,steroids,or inhaler.After 80 days wait and watch to patient do not start medicine till repeat attack does not occurred.After getting repeat attack start our medicine for 80 days again and stop.You will find the duration of repeat attack become very late and in future patient will be cured if medicine given like this way for a long(trialed)
- **Management Of COPD :**
 - After a longer period of bronchitis there might be COPD in lungs which in ayurveda says as screening of lungs.The medical science does not claim to cure but we found that regular in taking of our medicine healed lung COPD.
 - Even in ILD patients it supports lung and the patient can reduce steroids.
 - As it is well known to us that we are living in pollution environment and pollution consist of some gases which are harm full but our lungs has to intake and causes lung

disease.

- Even the style to look smart of having cigarette in hand or habitual of smoke can also be have the lung disease.

Dr. Thanki's Asthma Powder - (Useful in Asthma, Cough, and Cold Diseases) :

- Ingredients - Kantkari, Adusa, Bharangi, Somlata, Haldi, Tulsi, Giloy, Saunth, Mulethi, Ajwain, Jupha
- The persons suffering from Asthma have weak lungs, which are due to pneumonia in the childhood, excessive smoking, and tuberculosis, infection in the lungs, allergy, bronchitis, or weakness of the respiratory system.
- When asthma persists for longer period, or if there is blockage in the arteries of the heart of the patient, it is called cardiac asthma. Since asthma is due to cough, our Ayurveda medicine gives amazing relief from the disease. This medicine is useful in diseases produced due to cough as well as cold and coryza, khansi (with or without cough)
- In some patients when asthma is cured, gets eczema, and when eczema is cured, gets asthma. Our medicine helps to cure both. Our medicine consists of all natural herbs, and a special herb called "Jupha" which has got capability to absorb excess cough from human body, and remove it out through stool.
- If an infant baby suffers from pneumonia repeatedly, the treatment is to give ¼ tsp of this medicine, mixed with honey, and licking by tongue, the cough gets removed out through stool, and the baby becomes normal.
- We found asthmatic problem in some children called "Child Asthma" for which allopathic doctors are prescribing some tablets, inhaler, and nebulizer, containing steroids which make bones weak, if taken for a longer period. We suggest this type of children should take our medicine for 90 days, continue as tsp mix with honey, after breakfast and at bed time that is twice a day and then stop it till the asthma attack did not occur. If the attack occurs again, then again give this medicine, as suggested above, for another 90 days and then stop. Our research shows that initially the duration of repetition of asthma attack increases, but gradually it is subsiding, and finally, the child is out of asthma problem forever. The good results are confirmed by improved cases of trials on certain child patients.
- Allopathic drugs are unable to cure sinus problem once it starts, as in this case the cough reaches in the brain section, and hence white hair in young age is seen. Loss of memory, and in some cases loss of vision, is also observed. If our medicine is taken regularly as prescribed general dose, even chronic patients will get rid of this crucial disease, permanently. Confirmed good results on trials on certain patients are obtained.

General Dosages :

- For Baby - ½ tsp mixed with honey twice a day.
- For Adults - 1 tsp mixed with honey, make a paste and lick it twice a day, after breakfast and at bedtime.
- Note - In case of unavailability of honey, one can take the same dose of the medicine with Luke warm water.
- Cough Syrup - 4 tsp of the medicine powder added in 250 ml of water, heated to boil till it gets reduced to 200 ml, cool, filter and put it into a glass bottle. It will work as the best cough syrup.
- Dose - Small children – 2 Teaspoonful 3 times a day.
- Adults - 4 Teaspoonful 3 times a day.

- Note - Patients are advised to wear socks at night while sleeping or cover the legs with blanket. It has been observed that some persons are not getting any asthmatic problem while they sit or sleep at home. Even in acute winter season they are not getting any problem or condition of asthma while they are at home; however they are getting problem while they are climbing on stairs or walking for a long. These patients are known as Cardiac Asthmatic patients. For such type of patient we prescribe our Dr. Thanki's DVT Protector Add-On Vitalizer along with our Asthma powder medicine.

Method to take Dr. Thanki's D.V.T. Protector Add on Vitalizer :

- Take 1tsp Isabgol husk (psyllium husk) with fresh water. After 10 minutes take Dr. Thanki's D.V.T. Protector Add on Vitalizer 1 teaspoonful. This should be taken thrice a day.
- Note - Each time patient has to take Isabgol husk before taking Dr. Thanki's DVT Protector Add On Vitalizer. If patients are suffering from acidity, then they should take 2 capsules of Dr. Thanki's Acidity capsule in the morning with empty stomach.
- Patient should take - Light food.
- Avoid - Curd, banana, sour, pickles, gud (Sugar palm), oily and spicy food.

Each Packet contain 100gm

DR. THANKI's ASTHMA POWDER

(Useful in Asthma, Cough and Cold Diseases)

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Cough Syrup: 4 tsp of the medicine powder added in 250ml of water, heated to boil till it gets reduced to 200ml, cool, filter and put it into a glass bottle. It will work as the best cough syrup.

Dose: Small children - 2 Teaspoonful 3 times a day.

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Note : If patients are suffering from acidity, then they should take 2 capsules of Dr. Thanki's Acidity capsule in the morning with empty stomach.

Patient should take: Light food.

Avoid: Curd, banana, soury, pickles, gud (Sugarpalm), oily, stale and spicy food

डॉ. धानकी अस्थमा पाउडर

घटक : (कॉर्टिकोस्टी, अडुसा, भारंगी, सोमलता, स्ल्टी, तुलसी, गुलबेल, सौंठ, ज्योष्ठ मधु, अजवायन, जूफा ।)

जिन रोगियों को दमे की बीमारी होती है, उनके फेफड़ें कमजोर होते हैं। फेफड़ें कमजोर होने की बहुत सी वजह है, जैसे बचपन में बार-बार निमोनिया होना, ज्यादा धूम्रपान करना, टी.बी. का रोग होना, इन्फ्लूएंजा होना, एलर्जी होना, ब्रोकोटाइटिस होना, स्वसन तंत्र का कमजोर हो जाना आदि।

लगातार दमे का रोग रहने पर रोगी को कॉर्डियक अस्थमा हो जाता है या जिन व्यक्तियों का हृदय की धमनियों में रुकावट हो, ऐसे रोगियों को भी कॉर्डियक अस्थमा हो जाता है। चूंकी दमे कफ जनित बीमारी है और यह दवा आहार्यजनक लाभ पहुंचाती है, अतः किसी भी व्यक्ति के कफ जनित रोग (सर्दी, जुकाम, खांसी, नजला (बलगम रहित/सहित), सभी में बराबर काम करती है। कुछ रोगियों में यह देखा गया कि दमे ठीक होने पर एग्जीमा हो जाता है तथा एग्जीमा ठीक होने पर दमे हो जाता है, ऐसे रोगियों में यह दवा अपूर्णतः लाभ पहुंचाती है तथा पुनः एग्जीमा नहीं होने देती।

हमारी दवा पूर्णतः जड़ी बूटियों से निर्मित है साथ ही इसमें एक जड़ी 'जूफा' नामकी है जो रोगी के शरीर के किसी भी हिस्से में जमा अतिरिक्त कफ को इकट्ठा कर मल के साथ बाहर निकाल देती है। कुछ नवजात छोटे शिशुओं को बार-बार निमोनिया की शिकायत हो जाती है ऐसे छोटे शिशुओं को 1/4 चम्मच इस दवा का शहद के साथ मिलाकर घेठ बना कर जीभ पर चटावें उसके भी मल के साथ कफ बाहर निकल जाएगा तथा उसको बार-बार निमोनिया नहीं होगा।

कुछ बच्चों में अस्थमा जैसे लक्षण या अस्थमा हो जाता है ऐसे रोग को "Child Asthma" कहा जाता है। वर्तमान युग के डाक्टर उन रोगियों को दवाईयों के रूप में गोलीया, सुपने के लिए या नेबुलाइजर द्वारा लेने के लिए दवाईयों देते हैं प्रायः ये दवाईयों Steroid युक्त होती है जो रोगी की हड्डियों को कमजोर कर देता है ऐसे रोगियों को हमारी दवा से अपूर्णतः लाभ देखने को मिला। भिन्न-भिन्न चिकित्सकों ने परीक्षण किया और पाया कि हमारी दवा का एक चम्मच, डेढ़ चम्मच शहद के साथ पेस्ट बनाकर सुबह नास्ते के आधा घंटा बाद तथा रात को सोते वक जीभ द्वारा चाटकर लगातार 90 दिन लेने पर काफी लाभ मिला। दुबारा लक्षण उभरने पर पुनः 90 दिन के लिए दवा दी गई देखा गया हर बार पुनः लक्षण उभरने की समयवधि बढ़ती गई तथा लगभग दो साल से डेढ़ साल के बाद रोगी को पुनः ये दमे का दौरा लक्षण नहीं दिखाई दिने अर्थात् पूरी तरह से रोग से मुक्त हो गया।

आधुनिक दवाईयों नजला हो जाने पर बेअसर साबित होती है नजले में कफ रोगी के मस्तिष्क तक पहुंच जाता है तथा परिणामतः कम उम्र में बाल सफेद हो जाते हैं, याददाश्त कमजोर हो जाती है, नजर कमजोर हो जाती है यदि हमारी दवा की निरन्तर मात्र 2 बार लेने से रोगी बराबर नजला पूरी तरह ठीक हो जाता है।

मात्रा :

बच्चों के लिए : आधा चम्मच शहद के साथ अच्छी तरह पेस्ट बनाकर दिन में 2 बाद चटावें।

व्यस्को के लिए : एक चम्मच शहद के साथ पेस्ट बनाकर सुबह नास्ते के आगे घंटे बाद तथा रात को सोते वक जीभ से चाट कर लें।

नोट : यदि शहद उपलब्ध नहीं हो तो ये ही दवा गुन्गुने पानी के साथ दिन में दो बार ले सकते हैं।

कफ सिरप बनाने के लिए :- 4 चम्मच इस दवा का 250 मिली पानी में मिलावें तथा मन्दी-मन्दी आंच पर पकावें जब 100 मिली के लगभग पानी उड़ जावें तब इसको उतार कर ठंडा करें तथा कपड़े से छानकर कोंच की बोखल में भर लें।

सिरप लेने की मात्रा :- बच्चों के लिए : 2 चम्मच दिन में तीन बार।

व्यस्क : 4 चम्मच दिन में 3 बार।

नोट : रोगियों को रात को सोते वक मोजे पहनने चाहिए या पैरों को ढक कर सोना चाहिए।

विशेष : प्रायः देखा गया है कि दमे के रोगी को अम्ल की शिकायत होती है ऐसी सूरत में डा. धानकी एसीडीटी कैप्सूल की 2 कैप्सूल सुबह भूखे पेट पानी से लें।

अपघ्न्य : दही, केला, खट्टी चीजें, गुड़, आचार, ज्यादा तली हुई तथा मसालेदार खाना, धानो खाना।

कॉर्डियक अस्थमा : ऐसे रोगी, जिनका सौंस घर बैठे ठण्ड में या धूल भरे मौसम में नहीं फूलता है बल्कि जब वो सड़ियां चढ़ते हैं और सौंस फूलता है, वो कॉर्डियक अस्थमा होता है।

उपयोग : ऐसे रोगियों को यह दवा ऊपर लिखे अनुसार एक चम्मच दिन में दो बार शहद के साथ लें। साथ में हमारी कम्पनी द्वारा निर्मित डॉ. धानकी डी.बी.टी. प्रोटेक्टर एडऑन व्हाइटलाइजर का सेवन करावें।

डॉ. धानकी डी.बी.टी. प्रोटेक्टर एडऑन व्हाइटलाइजर लेने की विधि : एक गिलास पानी में एक चम्मच इसबगोल की भूसी खोल कर पीयें। उसके 10 मिनट बाद यह दवा पीन चम्मच लें। इस विधि से यह दवा कम से कम दिन में तीन बार लें।