



MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)

ISO 9001:2015

123, ARAM NAGAR PART - 1, FISHERIES UNIVERSITY ROAD, ANDHERI WEST, MUMBAI - 400 061. INDIA

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mehakwellnesscentre.business.site

www.mehakthelasthope.com

**DR. RAJEEV MEHRA - N.D.; M.D. (A.M.); GOLD MEDALIST; REIKI GRAND MASTER
COMPUTERIZED NADI PARIKSHA / BIOFEEDBACK THERAPIST**

BEST CANCER SPECIALIST OF THE YEAR 2023.

In 2001 garnered with the highly prestigious "RASHTRIYA RATTAN AWARD"

"Globally Renowned Best CANCER Treatment Specialist through
Genetic and Auto Immune Correction."

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LYMPHATIC DRAINAGE

(BREAST CLEANSING)

NON-INVASIVE LYMPHATIC DRAINAGE MASSAGE SERVICE

Lymphatic Massage, **also called** Lymphatic Drainage **or** Manual Lymph Drainage, **is a technique developed in Germany for treatment of Lymphedema, an accumulation of fluid that can occur after lymph nodes are removed during surgery, most often a mastectomy for Breast Cancer.**

Lymphedema **can also be present at birth or develop at puberty or during adulthood. This type, known as Primary Lymphedema, can affect as many as four limbs and / or other parts of the body.**

In our daily practice, we notice ladies develop this condition due to Hormonal Imbalance, directly related with Irregular Mensuration. Whenever one experiences Irregular periods, they are bound to develop congestion over and around the Breasts. (Mainly left breast).

Lately due to the lifestyle, and living patterns we find this as a common problem amongst women. Periodic Lymphatic Drainage sessions would help in restoring the health back to normal.

A Lymphatic massage session for women who develop Lymphedema after surgery for breast cancer starts with light massage on the surface of the skin of the neck. The therapist gently rubs, strokes, taps or pushes the skin in directions that follow the structure of the Lymphatic system so that accumulated lymph fluid can drain through proper channels.

Lymphatic Drainage is very gentle, is not painful and doesn't have a stimulating effect. Each session lasts for 45 to 60 minutes, and therapy usually is performed once a day, four or five times a week for two to four weeks.

One study showed that the greatest reduction in swelling from Lymphedema occurs in the first week of treatment and stabilizes during the second week. Helps to Boost and Repair the IMMUNE SYSTEM.

Our work mainly involves 4 stages- DETOXIFICATION; CHROMOSOME test, to identify hereditary issues, faulty programming; IMMUNITY test, to verify an AUTOIMMUNE angle and finally support with SUPPLEMENTS (AMINO ACIDS, HORMONES, MINERALS and VITAMINS).

REVERSAL OF ALL CONDITIONS, DISEASES, DISORDERS POSSIBLE.

We, at MEHAK WELLNESS CENTRE, under the expertise of DR RAJEEV MEHRA, a GOLD MEDALIST & REIKI GRAND MASTER offer NON-INVASIVE Diagnosis on State of the Art, latest 21st Century technology to verify the onset or presence of LYMPH NODES, blockages in the system, and condition of the LYMPHATIC SYSTEM. We are in a position to diagnose and treat for LYMPHATIC NODES and Blockages in the Lymphatic System.

We advise to COMPLEMENT our services, with the ongoing therapies / treatment for better and faster results.

We strongly recommend DETOX procedure, along with IMMUNITY and DIETARY SUPPLEMENTS. This should be started immediately. COLLOIDAL SILVER WATER, ANTIOXIDANT HYDROGEN RICH WATER, ATOMY HEMOHIM and VITAMIN C and use of ZAPPER. Not to forget WHEATGRASS JUICE. RADIONICS and RIFE FREQUENCIES for basic corrections. Start immediately on the RADIONICS maintenance kit. HERBAL NUTRITION STEMCELL booster for speedy recovery. NON-INVASIVE therapy is administered, which could take 18 to 72 sittings of BIOFEEDBACK therapy to resolve most issues depending on the individual's resistance from within and the body's ability to HEAL.

Manual Lymphatic Drainage massage, 36 sittings recommended.

NON-INVASIVE THERAPIES FOR LYMPHATIC BLOCKAGE

LYMPHATIC DRAINAGE THERAPY AVAILABLE

BOOST THE IMMUNE SYSTEM

Rs. 1,875/- (US\$ 25) Consultation

Rs.37,500/- (US\$ 500) Diagnosis Package
(Includes Consultation, Supplement Report, Biofeedback Diagnosis & QRMA)

Rs.30,000/- (US\$ 400) Complete 7,000 parameter Test (MUST) [SECOND OPINION]

Rs.22,500/- (US\$ 300) BIOFEEDBACK - Therapy (Electronic optional) (MUST)

Rs.15,000/- (US\$ 200) BIOFEEDBACK - Panel Therapy (L.S. Panel for DETOX)

Rs. 1,875/- (US\$ 25) Manual LYMPHATIC DRAINAGE Therapy (Highly Recommended)
(Charges are per sitting)

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended in the Supplement Chart. Book your SUPPLEMENT CHART for details. (12 weeks of Therapy with 24 weeks of Supplements, helps in balancing most issues.)

[Clients booking DIAGNOSIS PACKAGE on MRP would be termed as REGISTERED IN HOUSE CLIENTS. They would be entitled for preference in booking sessions and 50% Discount on further Consultation and Diagnosis for 1 year; and In House Products & Premium Products at 25% Value Addition.

Maintain a Security Deposit of Rs.12,000/-. Clients without maintaining Security Deposit Pre-Book your Products / Sessions a week / 7 days in advance with Full CASH payment.

Book minimum 18 sittings, to avail DISCOUNT.

BUY PRE PAID GIFT VOUCHERS OF RS.5,000/-, GET 50% VALUE ADDITION. [RS.7,500/- WORTH SERVICES]

Recommended Cleanser – COLLOIDAL SILVER WATER & KANGEN ALKALINE MINERAL WATER

Helpful Supplements – OMEGA 3 & TURMERIC (CURCUMIN).



Guide to Package selection

HOW TO CHOOSE YOUR PACKAGE:

- 1) 18 sittings of BIOFEEDBACK, with minimum 6 sittings of Panels.
Recommended as Maintenance for all. Persons who suspect any disease or with a family history of diseases, discomforts should opt for this Package. Disease/Disorder yet not revealed in medical tests.
- 2) 36 sittings of BIOFEEDBACK, with minimum 12 sittings of Panels.
Recommended for all who have been diagnosed with any major disease, or having severe discomfort. For all those who have not been able to have a control over their disease / condition within 7 weeks of taking medication / Therapy. Patients Diagnosed with CANCER, or any Chronic Disease should start with this Package immediately. For CANCER patients, if Chemo-Therapy or Radiation has been suggested, they should take this first before starting any INVASIVE procedures.
- 3) 54 sittings of BIOFEEDBACK, with minimum 18 sittings of Panels.
Recommended in all cases where any Invasive procedure has been started. For all cases where Chemo-Therapy, Radiation or any external support has been undertaken this Package would be required. (Insulin in case of Diabetes.)
- 4) 72 sittings of BIOFEEDBACK, with minimum 24 sittings of Panels.
Recommended for all RELAPSE cases. If any Disease has reoccurred after a complete treatment, this Package would be required. In case of CANCER, clients who find a further need of Chemo-Therapy or Radiation after their first set, need to start on this Package immediately.
- 5) 90 sittings of BIOFEEDBACK with minimum 30 sittings of Panels.
METASTASIS. 4TH stage CANCER. Relapse, spreading to other organs. In cases where the CANCER cells are no more bound to a particular area / organ, and have been spreading to other areas. Presence of CANCER in multiple areas / more than 1, would need to get started with this package.

GENETIC & AUTO IMMUNE disorder cases would need minimum 54 sittings. (3 cycles)

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Diagnosis & Therapy on GENETIC & AUTO IMMUNE levels are recommended for Diseases / Disorders which do not stand rectified in a time frame of 7 days to 7 weeks with your ongoing medication / therapy.



DR. RAJEEV MEHRA recipient of 80+ Excellence Awards

"BEST CANCER SPECIALIST IN ASIA" - 2019

"BEST CANCER SPECIALIST DOCTOR OF THE YEAR" - 2019

"PRIDE OF INDIA" - 2002

Garnered with the highly prestigious "RASHTRIYA RATTAN AWARD" - 2001

"MAN OF THE YEAR" - 1998

MEHAK WELLNESS CENTRE – **Awarded**

"TOP DIAGNOSTIC CENTRE IN MUMBAI"

AMONGST THE TOP 10 DIAGNOSIS CENTRES IN MUMBAI. MAY 2019. BY SILICONINDIA.COM



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PAY DIAGNOSIS PACKAGE FEES as per MRP US\$500 or RS.37,500/-.

(550 x 82 = Rs.45,100)

And be Qualified for the following BENEFITS for 1 full year.

- **UNLIMITED CONSULTATIONS AT 50% CASH DISCOUNT.**
 - **UNLIMITED SUPPLEMENT CHART READINGS AT 50% CASH DISCOUNT.**
 - **UNLIMITED BIOFEEDBACK DIAGNOSIS AT 50% CASH DISCOUNT.**
 - **UNLIMITED BIOFEEDBACK PANEL DIAGNOSIS AT 50% CASH DISCOUNT.**
 - **UNLIMITED QRMA TESTS AT 50% CASH DISCOUNT.**
- **BOOK LIQUIDS FROM PG.1 SUPPLEMENT CHART, ITEMS 1 TO 3,**
 - **BOOK RADIONICS FREQUENCY POTENCIES / FUSION FROM PG.1**
 - **BOOK ITEMS FROM F CATEGORY**
 - **AND BE ELIGIBLE FOR OFFERS - 25% ADDITIONAL PRODUCTS. NO CLUBBING. SEPARATE BILLING FOR THE ABOVE 3 CATEGORIES.**
 - **PAY RS.15,000/- and get PRODUCTS WORTH RS.18,750/-; (25% ADDITIONAL FREE PRODUCTS).**

- OFFERS/DISCOUNTS VALID FOR 1 YEAR FROM DATE OF BIOFEEDBACK DIAGNOSIS.

ADVANTAGES / BENEFITS OF BOOKING A BIOFEEDBACK THERAPY PACKAGE

- 1) CONFIRMED SLOT BOOKING.
 - 2) DISCOUNTS APPLICABLE.
 - 3) EXTENDED TIME BEYOND 45 MINUTES PER SITTING IF REQUIRED.
 - 4) US\$50; INR 3,750/- DISCOUNT PER SITTING. (~~INR22,500/-~~ / INR18,750/-)
 - 5) PREPAID GIFT VOUCHERS OF RS.5,000/- WITH 50% VALUE ADDITION CAN BE AVAILED. VOUCHER VALUE RS.7,500/- YOU PAY RS.5,000/- RS.2,500/- VALUE ADDITION.
- Package valid only when full payment is cleared in advance by CASH, GPAY or NEFT.
 - Any amount other than MRP needs to be cleared by CASH only.
GPAY – 97730 02888.
NEFT – HDFC BANK LTD., VERSOVA, ANDHERI (W) branch, Mumbai – 400 061.
IFSC: HDFC0000666 favoring "RAJEEV MEHRA" Savings A/C No. "06661930001141".

NOTE:

- 1) **FULL AMOUNT TO BE CLEARED IN ADVANCE; AND SLOT BOOKING – DAY, DATE, TIME CONFIRMED.**
- 2) **ORDERS / SERVICES / THERAPIES ONCE BOOKED CANNOT BE CANCELLED.**
- 3) **NO REFUND. NO CANCELLATION. NO ADJUSTMENT.**
- 4) **ONCE SLOTS ARE CONFIRMED FOR THERAPY NO CHANGES OR POSTPONEMENT POSSIBLE.**
- 5) **AS PRODUCTS ARE PROCURED FROM DIFFERENT VENDORS 10 TO 15 DAYS TIME MAY BE TAKEN TO RECEIVE THE SAME. IN CASE OF NON AVAILABILITY OF CERTAIN PRODUCTS, OPTIONS WOULD BE GIVEN, TO COMPLETE THE ORDER.**
- 6) **IN-HOUSE PRODUCTS WOULD BE ISSUED AS PER THE SCHELUDE.**
- 7) **ALL SUPPORTIVE THERAPIES WOULD NEED TO BE COMPLETED BEFORE THE END OF THE MAIN THERAPY. ON THE LAST DAY OF THE MAIN THERAPY ALL OTHER SUPPORTIVE THERAPIES WOULD STAND TERMINATED.**
- 8) **THERAPY PACKAGE VALIDITY IS FOR 4 WEEKS / 30 DAYS / MONDAY TO FRIDAY. NO EXTENTION.**

RS.7,500/- VALUE GIFT VOUCHERS

TERMS & CONDITIONS:

1. Offer to purchase GIFT VOUCHERS, exchange value Rs.7,500/-, by paying Rs.5,000/-. 50% Value Addition. Multiple vouchers can be purchased. Pay Rs.5,000/- per voucher of exchange value of Rs.7,500/-.
2. GIFT VOUCHERS, would be applied on the MRP values.
3. Full value to be utilized in a single order / invoice / single use. One time Validation.
4. Validity of the GIFT VOUCHER is 1 month, 30 days, starting from the 1st of next month. So valid for a month starting from 1st till the 30TH.
5. Not valid in the month of purchase. GIFT VOUCHERS purchased in the previous month are eligible for use from the 1ST to the 30TH of the following month.
6. 30 days of activation. Valid for a single case / person / package only.
7. No Cash Value, No Cancellation, No Refund, No Alteration, No time extension would be entertained. Being a discounted GIFT VOUCHER, once booked has to be used in the following / next month of purchase.
8. GIFT VOUCHER, can be redeemed for THERAPIES and IN-HOUSE products only.
9. All therapies are offered in the clinic. Products need to be collected from the clinic.
10. No cash compensation for lesser value utilized. Excess purchase to be paid in CASH.
11. Unused GIFT VOUCHERS, on the 30TH of the following month would stand as NULL & VOID. NO revalidation under any circumstances.
12. GIFT VOUCHERS may be purchased by CASH, GPAY or NEFT.

GPAY – 97730 02888.

NEFT – HDFC BANK LTD., VERSOVA, ANDHERI (W) branch, Mumbai – 400 061.

IFSC: HDFC0000666 favoring “RAJEEV MEHRA” Savings A/C No. “06661930001141”.

13. Reserve your Dates / Slots well in advance, to get confirmed booking.

Details of the Purchaser and the Beneficiary need to be submitted at the time of purchasing the GIFT VOUCHER. (Name, DOB, Contact details)

Purchaser is someone who has agreed to promote this Science. Doctors, Health Practitioners, Promoters, Persons propagating for the Centre.

This OFFER is open for In House Registered patients and for persons passing references to promote Alternative Medicines.

Doctors, Health Practitioners, Naturopaths and all those interested to join our mission – “GOOD HEALTH FOR ALL” are invited.

Delivery time may vary from 3 to 7 days for all IN-HOUSE PRODUCTS. Order once placed, the same need to be collected within 10 days.

COLLOIDAL SILVER WATER – Rs.1,875/- per Litre.

1000 ml. / 4000 ml. REFILLS. Amber Glass Bottles to be purchased @ Rs.100/- / 300/- each.

ANTI-OXIDANT HYDROGEN RICH WATER – Rs.300/- per Litre.

1000 ml. plastic bottles.

ALKALINE KANGEN WATER – 2.5 pH; 5.5 pH; 7 pH; 8.5 pH; 9.0 pH; 9.5 pH; 11.5pH.

1000 ml. / 5000 ml. REFILLS. 1000 ml. plastic bottles. 5000 ml. imported plastic Kangen bags @ Rs.1,300/-

EYE WASH / SKIN COOLANT – Rs.300/- per Litre.

1000 ml. plastic bottles.

Carry your own containers. 5 litre imported foldable Plastic Kangen bags @ Rs.1,300/-.

All Liquids as REFILLS. 1000 ml. plastic bottles @ Rs.50/-. Bottle cost to settle in CASH.

RADIONICS medication / pills are available in Single bottle, Mini kit - 5 bottles, Regular kit - 10 bottles, CANCER kits – 20 bottles. Minimum order accepted / supply is for 1 month.

FUSION – A combination of AYURVEDIC / HERBAL with FREQUENCIES. Rs.2,250/- 60 nos.

MEHAK WELLNESS CENTRE

COMPUTERIZED NADI PARIKSHA

7000 PARAMETERS SCAN
IN 5 MINUTES
Non Invasive Technique,
Safe,
No Side Effects,
No Pain; Only Gains.

DISEASE TAKES 10 YEARS
TO REFLECT ON PHYSICAL EARLY SCAN;
CLEAR PROBLEM
BEFORE IT REFLECTS ON
THE PHYSICAL



AVAIL TEST DURING
TEENS, ON MARRIAGE
OR IF ON ANY
MEDICATION / THERAPY FOR
MORE THAN 7 WEEKS.

REMEDY FOR ALL
CHALLENGES BEING FACED.
WE WORK ON CELLULAR LEVEL
AUTO-IMMUNE, CHROMOSOMES
& GENETIC IMPRINT.



DR. RAJEEV PRAKASH MEHRA ☎ +91 9773002888

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